

# LCH 2019 JOG-A-THON

## FRIDAY, FEBRUARY 22nd



It's A Bird, It's a Plane. It's a **Super Hero Fun Run!** Help our PTA raise money to support school enrichment programs: Science Lab, Music, Spanish, Art Ed, Garden Science, Reading and Math Intervention, and so much more!

How can the student raise money for Jogathon? **Register online** at PledgeStar. **PledgeStar** makes it easy to request pledges from family and friends via email, text message, or social media and for them to make secure credit card donations online. Pledge donations can also be made by cash or check using the form on the back (make checks payable to LCH PTA, please include student's name on memo line). Make a tax deductible donation and don't forget to apply for your company's matching program. Most companies have a form you can fill out in which they will match a % of the dollars you've personally donated. <http://www.lacostaheightspta.org/corporate-matching.html>

- Go to <http://pledgestar.com/lacostaheights>
- Enter your name and email address, then click Register
- Follow the instructions on-screen (For Help Call: 888-598-7510)

\*If you registered last year, you will need to register again this year in order to assign the student to the correct teacher. So press not registered for this year's event.

We have some excellent incentives to get the kids excited and motivated:

- Every student that raises \$100+ will automatically get their name put into a drawing for a **Grand Prize!**
- Every student that raises \$200+ and the top runners by grade will receive a **Superhero Prize Pack!**
- Post-race **Treats** and **Goodie Bags** will be provided for all participants.
- Classroom **popcorn party** for classes that have 90% PledgeStar participation.
- Top fundraising class gets to **Silly String the Principal!**
- Classroom **Pizza Party** for classrooms that raise **\$1,500+**.
- Grade level **Kona Ice Party** for the top fundraising grade!
- Lots of amazing raffle prizes, with lots of ways to earn raffle tickets:
  - Complete online waiver by 2/20, earns 1 raffle ticket
  - Every 5 pledge requests via text or email on PledgeStar system, earns 1 raffle ticket
  - Run laps. Every 5 laps run during Superhero Fun Run, earns 1 raffle ticket
  - Collect donations. Every \$20 of donations, earns 1 raffle ticket

**The heats:** (8min. Rules and National Anthem, 10min. Marine warm up, 22min. Run)

- 8:05 - 8:45 a.m. – 5<sup>th</sup> & 6<sup>th</sup> grades
- 8:50 - 9:30 a.m. – Kinder, 1<sup>st</sup> & 2<sup>nd</sup> grades  
(recess)
- 9:55 - 10:35 a.m. – 3<sup>rd</sup> & 4<sup>th</sup> grades

**Please join us for fitness and fun.**

Remember: Donations are not required to run in the Jog-A-Thon, but waivers are!

**Things to remember:**

- All donations must be in by February 22, 2019 to qualify for raffle tickets/prizes.
- All **corporate matching** with a confirmation by 2/22/19 will qualify for raffle tickets. (Email [jogathon@lacostaheightspta.org](mailto:jogathon@lacostaheightspta.org) with your corporate match information to ensure the student qualifies for additional raffle tickets and prizes).
- **WAIVERS** are required for all runners. Please complete the online waiver by no later than 2/20/19. <http://bit.ly/lchwaiver19> . Waiver links will also be emailed to you once you register on PledgeStar. Paper waivers will be available in the front office if needed.
- Water Stations will be available to keep our runners hydrated - no need to bring water bottles.
- Superhero costumes are encouraged for this Superhero Fun Run!
- Parents are encouraged to run, or cheer from the sidelines. Bring your motivational posters, pom poms and dress up as your favorite superhero. If you are a real life superhero, we'd love to see you in uniform!
- Questions? Email: [jogathon@lacostaheightspta.org](mailto:jogathon@lacostaheightspta.org)

**JOG-A-THON PLEDGE FORM**

**Student name:** \_\_\_\_\_ **Grade/Teacher:** \_\_\_\_\_

**\*\*Please return this sheet and checks/cash to your teacher no later than Friday, February 22, 2019\*\***

Make checks payable to "LCH PTA" or donate online at <http://pledgestar.com/lacostaheights>. Donations are tax-deductible.

	<b>DONOR NAME</b>	<b>FLAT DONATION \$</b>	<b>CASH or CHECK</b>
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			

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